13th Annual
Sleep Center Symposium
Saturday, November 14, 2015
7:30 a.m.-12:50 p.m.
Baptist Hospital of Miami, Auditorium, 8900 North Kendall Drive, Miami, Florida

Faculty

Timothy L. Grant, M.D., FAASM
Symposium Director
Medical Director, Baptist Health Sleep Center at Sunset
Neurologist, Baptist and South Miami Hospitals
Diplomate, American Board of Sleep Medicine
Miami, Florida

Jeremy I. Tabak, M.D., FCCP, FAASM
Symposium Director
Medical Director, Baptist Hospital Sleep Laboratory and Baptist Sleep Center at Galloway
Pulmonologist, Critical Care and Sleep Medicine
Baptist, Doctors, Mariners and South Miami Hospitals
Diplomate, American Board of Sleep Medicine and American Board of Internal Medicine in Sleep Medicine
Miami, Florida

Shahriar S. Shahzeidi, M.D.
Director of Pediatric Sleep Program
Grant Health Institute
Miami, Florida

Michael V. Vitiello, Ph.D.
Professor, Psychiatry and Behavioral Sciences
University of Washington
Seattle, Washington

Douglas M. Wallace, M.D., DABPN, DABSM
Assistant Professor of Clinical Neurology
Department of Neurology, Sleep Medicine Division
University of Miami Miller School of Medicine
Miami VA HealthCare System,
Sleep Disorders Laboratory
Miami, Florida

Marcy I. Wasman, Ph.D., CBSM
Psychologist
Baptist, South Miami and Doctors Hospitals
Miami, Florida

Baptist Health South Florida
Continuing Medical Education

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13th Annual Sleep Center Symposium
Saturday, November 14, 2015 ■ Registration: 7:30 a.m.

Target Audience: Sleep medicine specialists, neurologists, pulmonologists, primary care physicians, general internists, general surgeons, cardiologists, ENT physicians, psychiatrists, psychologists, nurses, social workers, pharmacists, respiratory specialists and sleep technicians.

7:30 a.m. Registration and Continental Breakfast
7:50 a.m. Welcome and Introductions
Timothy L. Grant, M.D., and Jeremy I. Tabak, M.D.

8:00 a.m. REM Sleep Behavior Disorder:
A Superstar Parasomnia.......................... Timothy L. Grant, M.D.

8:30 a.m. Treating Patients With Insomnia...............Douglas M. Wallace, M.D.

9:00 a.m. Growing Old Does Not Mean Sleeping Poorly: Dispelling
Some Myths About Sleep and Aging .......... Marcy Wasman, Ph.D.

9:45 a.m. Sleep and Brain Injury .......................... Michael V. Vitiello, Ph.D.

10:15 a.m. Break and Visit Exhibits

10:35 a.m. Case Reviews: Are These for Real? .......... Timothy L. Grant, M.D.

11:05 a.m. Sleep and Pain Interactions: Developing
Effective Treatments for Insomnia and
Pain in Osteoarthritic Older Adults .......... Michael V. Vitiello, Ph.D.

11:50 a.m. Update on Sleep Apnea ........................ Jeremy I. Tabak, M.D.

12:20 p.m. Pediatric Sleep Disorders ...................... Shahriar S. Shahzeidi, M.D.

12:50 p.m. Adjourn

Accreditation and Credits: Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Baptist Health has been re-surveyed by the ACCME and awarded Commendation for 6 years as a provider of CME for physicians. Baptist Health South Florida designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity has been approved for 4.5 credit hours, CE Broker Course #20-524004, by the Florida Boards of Medicine, Osteopathic Medicine and Physician Assistants.

Registration: There is no fee; however, preregistration is required.
For symposium details and registration, go to SleepMiami.BaptistHealth.net.

Information: Contact the Baptist Health South Florida Continuing Medical Education Department at 786-596-2398 or CME@BaptistHealth.net.