Symposium Directors:
Michael Ozner, M.D., FACC, FAHA
Medical Director, Center for Prevention and Wellness, Baptist Health South Florida; Voluntary Associate Clinical Professor (Cardiology), University of Miami Miller School of Medicine, Miami, Florida
Theodore Feldman, M.D., FACC, FACP
Medical Director, Wellness and Prevention, Baptist Health South Florida; Medical Director, South Miami Heart Center; Clinical Associate Professor of Medicine, Florida International University Herbert Wertheim College of Medicine, Miami, Florida

Statement of Need
A key strategy for addressing heart disease and stroke is to educate the public and healthcare practitioners about the importance of prevention. When healthcare providers perform consistent risk factor assessments, more patients can be properly diagnosed and medically managed to prevent cardiovascular disease. Both primary and secondary prevention, as well as new developments in the diagnosis, treatment and prevention of cardiovascular disease, need to be addressed. Complementing the CVD prevention symposium are comprehensive updates on the latest advances in cardiovascular medicine. Experts will concentrate on therapeutic lifestyle intervention, lipids and lipoproteins, familial hypercholesterolemia, lipoprotein (a), residual risk, genetics for predicting CVD, hypertension, obesity, consensus and controversies in cardiometabolic health, triglycerides and CVD, PCSK9, heart health for women, insulin resistance, CHF, pulmonary heart disease, cardiovascular imaging, new paradigm for acute stroke management, the role of surgery and interventional cardiology and radiology for CVD health. This program is endorsed by the Southeast Lipid Association.

Target Audience
Cardiologists, General Internists, Family Practitioners, Endocrinologists, Psychologists, Cardiovascular Surgeons, Electrophysiologists, Interventional Cardiologists, Interventional Radiologists, Anesthesiologists, Physician Assistants, Radiology Technologists, Nurse Practitioners, Nurses, Pharmacists, Dietitians, Respiratory Therapists and other healthcare professionals involved in the diagnosis, treatment and prevention of cardiovascular disease.

Location and Accommodations
Eden Roc Hotel
4525 Collins Avenue, Miami Beach, Florida 33140-3326
The legendary Eden Roc Hotel offers oceanfront accommodations, elegant amenities and impeccable service for the ultimate getaway. Make your hotel reservation now by calling 855-433-3676 or go to the website to receive the special group rate of $369, plus applicable taxes. Hurry! Make your reservation today. The special group rate ends Friday, January 27.
To learn more about the Eden Roc Hotel, go to nobuedenroc.com.

Symposium Registration
The registration fee includes tuition, daily continental breakfast, break refreshments and lunch. To expedite registration, go to MiamiCVDPrevention.BaptistHealth.net. Confirmations will be sent for registrations received by Friday, February 3. Registrations cannot be processed or confirmed without full payment.

Accreditation and Credits
Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Baptist Health designates this live activity for a maximum of 24 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Continuing Education credits have also been approved on a session-by-session basis for other disciplines.

Details and Registration
MiamiCVDPrevention.BaptistHealth.net
Global Learning Objectives
- Evaluate the effects of comprehensive lifestyle changes, such as diet, exercise and education, on clinical markers that are risk factors for cardiovascular disease.
- Implement evidence-based recommendations for the medical and surgical management of obesity to improve patient outcomes.
- Apply current cholesterol-lowering therapy guidelines to reduce the risk of heart attack and stroke.
- Interpret the results and conclusions of the most relevant studies that evaluate the role of HDL as a CVD risk factor.
- Examine cardiovascular risk related to triglyceride-rich lipoproteins.
- Examine the National Lipid Association recommendations for patient-centered management of dyslipidemia.
- Identify new technologies that are being developed to further advance the minimally invasive and interventional treatment of valvular heart disease.
- Examine prevention, reversal and treatment strategies for heart failure, considering medical and surgical options.
- Demonstrate the role of atherosclerosis imaging testing in CVD risk reclassification to guide management decisions.
- Recognize the latest and emerging interventional radiology technology and procedures poised to improve the testing, diagnosis and management of cardiovascular disease.

Schedule

THURSDAY, FEBRUARY 16
7:15 a.m. Registration, Continental Breakfast and Visit Exhibits
Session Moderator: Michael Ozner, M.D.
7:50 a.m. Welcome and Introductions
Opening Address
8:00 a.m. Cardiovascular Disease Prevention 2017: Overview
Michael Ozner, M.D.
Therapeutic Lifestyle Intervention
8:25 a.m. The Role of Omega-3 Fatty Acids in CVD Prevention
Carl “Chip” Lavie Jr., M.D.
8:50 a.m. Coffee Consumption: Healthy or Harmful?
Natalie Castro, R.D.
9:15 a.m. Exercise as a Therapeutic Agent in the 21st Century:
Emphasis on Efficacy, Dosing, Adverse Effects/Toxicity
Carl “Chip” Lavie Jr., M.D.
9:40 a.m. Nutrition Facts: What We Need to Know
Natalie Castro, R.D.
10:05 a.m. Break and Visit Exhibits
10:35 a.m. Phytosterols as Functional Food to Improve Heart
Health: Fact or Fiction?
Thomas Dayspring, M.D.
11:00 a.m. Alcohol and Cardiovascular Health: The Razor-Sharp
Double-Edged Sword
Carl “Chip” Lavie Jr., M.D.
11:30 a.m. Panel Discussion With Question-and-Answer Session
Natalie Castro, R.D., Carl “Chip” Lavie Jr., M.D.,
Thomas Dayspring, M.D.
12:00 Noon Lunch and Visit Exhibits
Lipoprotein (a)
1:00 p.m. Lipoprotein (a) in Clinical Practice: Whom to Treat?
When to Treat? How to Treat?
Paul Ziajka, M.D.
Residual Risk
1:30 p.m. Strategies to Reduce Residual Risk
Thomas Dayspring, M.D.
Familial Hypercholesterolemia
2:00 p.m. Familial Hypercholesterolemia: Clinical Update
Paul Ziajka, M.D.
2:30 p.m. Break and Visit Exhibits
Sleep Apnea and Cardiovascular Disease
3:00 p.m. Obstructive Sleep Apnea: The Often Neglected CVD Risk Factor
Timothy Grant, M.D.
Familial Hypercholesterolemia
3:30 p.m. “Smoldering” Insulin Resistance: Strategies to Optimize Cardiometabolic Health
Thomas Dayspring, M.D.
4:00 p.m. Panel Discussion With Question-and-Answer Session
Paul Ziajka, M.D., Thomas Dayspring, M.D.,
Timothy Grant, M.D.
4:30 p.m. Adjourn

FRIDAY, FEBRUARY 17
7:15 a.m. Registration, Continental Breakfast and Visit Exhibits
Session Moderator: Theodore Feldman, M.D.
7:50 a.m. Welcome and Introductions
Theodore Feldman, M.D.
Obesity and Metabolic Syndrome
8:00 a.m. Obesity: Evaluation and Treatment
Theodore Feldman, M.D.
8:25 a.m. Weighing the “Heavy” Cardiovascular Burden of Obesity and the “Obesity Paradox”
Carl “Chip” Lavie Jr., M.D.
8:50 a.m. Metabolic Syndrome: Prevention and Management Strategies
Roger Blumenthal, M.D.
9:15 a.m. The Role of Bariatric Surgery
Anthony Gonzalez, M.D.
9:40 a.m. Break and Visit Exhibits
10:05 a.m. The Role of Exercise in Weight Loss and Maintenance
Carl “Chip” Lavie Jr., M.D.
10:30 a.m. Panel Discussion With Question-and-Answer Session
Carl “Chip” Lavie Jr., M.D., Roger Blumenthal, M.D.,
Anthony Gonzalez, M.D.
Non-Statin Therapy
10:55 a.m. Role of Non-Statin Therapy in CV Risk Reduction
James Underberg, M.D.
Valvular Heart Disease
11:20 a.m. Valvular Heart Disease: From Prevention to Intervention
Ramon Quesada, M.D.
11:45 a.m. Panel Discussion With Question-and-Answer Session
James Underberg, M.D., Ramon Quesada, M.D.
12:00 Noon Lunch and Visit Exhibits
Hypertension
1:00 p.m. Blood Pressure Guidelines: Consensus and Controversy
William Cushman, M.D.
1:25 p.m. Achieving Harmony in Blood Pressure Guidelines
Around the Globe
Roger Blumenthal, M.D.
1:45 p.m. Resistant Hypertension: Management Strategies  
William Cushman, M.D.
2:10 p.m. Panel Discussion With Question-and-Answer Session  
William Cushman, M.D., Roger Blumenthal, M.D.
2:30 p.m. Break and Visit Exhibits

**Cholesterol Guidelines: Is It Time for a Change?**

2:50 p.m. Examining Areas in Need of Modification in the 2013 Prevention Guidelines  
Roger Blumenthal, M.D.
3:15 p.m. NLA Recommendations for Patient-Centered Management of Dyslipidemia  
James Underberg, M.D.
3:35 p.m. Panel Discussion With Question-and-Answer Session  
Roger Blumenthal, M.D., James Underberg, M.D.

**PCSK9 and Beyond**

3:55 p.m. Newly Defined Features of PCSK9 and Lipoprotein Metabolism  
Peter Toth, M.D.
4:15 p.m. PCSK9 Therapy in Real Life: Narnia Vs. Healthcare Bankruptcy  
Sergio Fazio, M.D.
4:35 p.m. Panel Discussion With Question-and-Answer Session  
Peter Toth, M.D., Sergio Fazio, M.D.,
5:00 p.m. Adjourn

**SUNDAY, FEBRUARY 19**

7:15 a.m. Registration, Continental Breakfast and Visit Exhibits  
Session Moderator: Michael Ozner, M.D.
7:50 a.m. Welcome and Introductions

**The Role of Imaging in CVD Clinical Practice**

8:00 a.m. Coronary Calcium Scoring for Optimal Risk Stratification  
Khurram Nasir, M.D.
8:25 a.m. Coronary CT Imaging in Everyday Practice  
Arthur Agatston, M.D.

**Cerebrovascular Disease**

9:15 a.m. Management of Acute Stroke: A Paradigm Shift  
Felipe De Los Rios La Rosa, M.D.
9:40 a.m. Break and Visit Exhibits

**Peripheral Vascular Disease**

10:05 a.m. Deep Vein Thrombosis: Evidence-Based Prevention and Treatment  
Ian Del Conde Pozzi, M.D.
10:35 a.m. Atrial Fibrillation: Medical Therapy and Catheter Ablation  
Efrain Gonzalez, M.D.

**Interventional Radiology**

11:00 a.m. Endovascular Repair of Abdominal Aortic Aneurysms  
Constantino Peña, M.D.
11:25 a.m. Panel Discussion With Question-and-Answer Session  
Khurram Nasir, M.D., Arthur Agatston, M.D., Ian Del Conde Pozzi, M.D., Felipe De Los Rios La Rosa, M.D., Efrain Gonzalez, M.D., Constantino Peña, M.D.
12:00 Noon Adjourn

**Important:** The schedule is subject to change. For the most updated schedule, please visit MiamiCVDPrevention.BaptistHealth.net.

This program is supported in name only by the American Heart Association’s Councils on Clinical Cardiology and Epidemiology. 
This program is endorsed by the Southeast Lipid Association.
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