Symposium Directors:  Planning Committee:
Michael Ozner, M.D.  Harry Aldrich, M.D.
Theodore Feldman, M.D.  James Benenati, M.D.
Arthur Agatston, M.D.  Ian del Conde, M.D.
Khurram Nasir, M.D.  Lisardo Garcia-Covarrubias, M.D.
Marcus St John, M.D.

Statement of Need  A key strategy for addressing heart disease and stroke is to educate the public and healthcare practitioners about the importance of prevention. When healthcare providers perform consistent risk factor assessments, more patients can be properly diagnosed and medically managed to prevent cardiovascular disease. Both primary and secondary prevention, as well as new developments in the diagnosis, treatment and prevention of cardiovascular disease, need to be addressed.

New this year  Complementing CVD Prevention Symposium is the MCVI Cardiovascular Summit featuring comprehensive updates on the latest advances in cardiovascular medicine. Experts will concentrate on valvular disease, cardiothoracic surgery, electrophysiology, vascular and endovascular surgery and management of heart failure.

Target Audience  Cardiologists, General Internists, Family Practitioners, Endocrinologists, Psychologists, Cardiovascular Surgeons, Electrophysiologists, Interventional Cardiologists, Thoracic Surgeons, Interventional Radiologists, Anesthesiologists, Physician Assistants, Radiology Technologists, Nurse Practitioners, Nurses, Pharmacists, Dietitians, Respiratory Therapists, other healthcare professionals involved in the diagnosis, treatment, prevention and intervention of cardiovascular disease.

Call for Abstracts  We are accepting abstracts for poster presentations through Friday, January 18. Submission guidelines are provided at MiamiCVDPrevention.BaptistHealth.net.

Location and Accommodations  Trump National Doral, 4400 NW 87 Ave., Miami, Florida 33178  This newly redesigned hotel is nestled in a lush tropical setting just minutes away from Miami International and Ft. Lauderdale airports. The Trump National Doral is one of the country’s preeminent golf resorts and host of the world-famous PGA Tour.  Telephone: 800-713-6725  Make your hotel reservation now by linking from the symposium website to receive the special group rate of $339, plus applicable taxes. Group rates will be honored through Monday, January 25, 2016, based on availability. Learn more at TrumpNationalDoral.com.

Complimentary shuttles will be available to South Beach.

Symposium Registration  The registration fee includes tuition, daily continental breakfast, break refreshments and lunch. To expedite registration, go to MiamiCVDPrevention.BaptistHealth.net or MCVICS.BaptistHealth.net. Confirmations will be sent for registrations received by Friday, January 25. Registrations cannot be processed or confirmed without full payment.

Accreditation and Credits  Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.  Baptist Health designates this live activity for a maximum of 25 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.  Continuing Education Credits have also been approved on a daily basis for other disciplines.

Details and Registration  MiamiCVDPrevention.BaptistHealth.net or MCVICS.BaptistHealth.net

Information  CME@BaptistHealth.net  786-596-2398
**Cardiovascular Disease Prevention**

**DAY ONE — SESSION ONE**

**THURSDAY, FEBRUARY 18**

7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Posters

Session Moderator: Michael Ozner, M.D.

7:50 a.m.  Welcome and Introductions

Opening Address

8:00 a.m.  The 21st Century Paradigm Shift in Cardiovascular Medicine: The Emerging Role of Prevention for Optimal Patient Management

Michael Ozner, M.D.

Therapeutic Lifestyle Intervention

8:30 a.m.  Nutritional Advice for Patients With Metabolic Syndrome

Maria Bella, R.D.

9:00 a.m.  Physical Activity for Managing Cardiometabolic Risk

Ralph LaForge, MSc

9:20 a.m.  The Role of Omega-3 Fatty Acids in the Treatment and Prevention of CVD

Michael Ozner, M.D.

9:40 a.m.  Nutritional Supplements for the Treatment of Dyslipidemia

Mark Houston, M.D.

10:00 a.m.  Break, Visit Exhibits and Posters

10:30 a.m.  Strength Training: Does It Improve Cardiometabolic Health?

Ralph LaForge, MSc

10:45 a.m.  Mindfulness and CVD Health

Joseph Loizzo, M.D.

**The Big Fat Debate**

Saturated Fat and Cholesterol Should Be Reduced in a Heart-healthy Diet

11:05 a.m.  Protagonis: Maria Bella, R.D.

11:15 a.m.  Antagonist: Eric Westman, M.D.

11:25 a.m.  Rebuttal

11:30 a.m.  Panel Discussion With Question and Answer Session

Maria Bella, R.D., Eric Westman, M.D., Ralph LaForge, MSc, Mark Houston, M.D., Joseph Loizzo, M.D.

12:00 Noon  Lunch, Visit Exhibits and Posters

**Cardiovascular Disease Prevention**

**DAY ONE — SESSION TWO**

**Hypertension**

1:00 p.m.  Hypertension Guidelines: Consensus and Controversy

Michael Weber, M.D.

1:20 p.m.  Nutritional Supplements for the Treatment of Hypertension

Mark Houston, M.D.

1:40 p.m.  Panel Discussion With Question and Answer Session

Michael Weber, M.D., Mark Houston, M.D.

**Residual Risk**

2:00 p.m.  Strategies to Reduce Residual Risk

James Ehrlich, M.D.

**Lipoprotein (a)**

2:20 p.m.  Patient Testimonial

Sandra Revill-Tremulis

2:30 p.m.  Lipoprotein (a) in Clinical Practice: The Forgotten Risk Factor

Thomas Dayspring, M.D.

3:00 p.m.  Break, Visit Exhibits and Posters

**Hidden Risk**

3:30 p.m.  Seven Common Conditions in Which Hidden Heart Disease Risk Lurks

James Ehrlich, M.D.

4:00 p.m.  Panel Discussion With Question and Answer Session

James Ehrlich, M.D., Thomas Dayspring, M.D., Sandra Revill-Tremulis

4:30 p.m.  Adjourn

**Cardiovascular Disease Prevention**

**DAY TWO — SESSION THREE**

**FRIDAY, FEBRUARY 19**

7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Posters

Session Moderator: Theodore Feldman, M.D.

7:50 a.m.  Welcome and Introductions

Community Wellness

8:00 a.m.  Corporate and Community Cardiovascular Wellness

Theodore Feldman, M.D.

Obesity

8:30 a.m.  Obesity: Evaluation and Treatment

Eric Westman, M.D.

The Bitter Impact of Sugar on Cardiometabolic Health

9:00 a.m.  Does Sugar Cause Diabetes and Heart Disease?

Robert Lustig, M.D.

**Triglycerides and CVD Risk**

9:30 a.m.  Triglyceride-Rich Lipoproteins: Why Do They Get No Respect?

Thomas Dayspring, M.D.

10:00 a.m.  Break, Visit Exhibits and Posters

10:30 a.m.  PCSK9 and Beyond

11:00 a.m.  Newer Treatments for Severe Dyslipidemia

Raul Santos, M.D.

11:30 a.m.  Panel Discussion with Questions and Answers Session

Eric Westman, M.D., Robert Lustig, M.D., Thomas Dayspring, M.D., Jonathan Cohen, Ph.D., Raul Santos, M.D.

Clinical Research: Is Big Data the Future?

12:00 Noon  Lunch and Learn

12:15 p.m.  Keynote Address: Big Data Is Improving Patient Outcomes in Cardiovascular Medicine

Harlan Krumholz, M.D.

12:45 p.m.  Break

**Cardiovascular Disease Prevention**

**DAY TWO — SESSION FOUR**

**Cholesterol Guidelines/CVD Risk Summit**

1:00 p.m.  New Cholesterol Guidelines Increase Statin Eligibility

Donald Lloyd-Jones, M.D.

DEBATE: Is It Time to Return to Cholesterol Goals for Optimal Patient Management?

1:20 p.m.  Protagonist: James Underberg, M.D.

1:35 p.m.  Antagonist: Donald Lloyd-Jones, M.D.

1:50 p.m.  Rebuttal

2:00 p.m.  When Should Coronary Calcium Be Utilized in Risk Assessment?

Khurram Nasir, M.D.

2:20 p.m.  Patient-Centered Management of Dyslipidemia

Carl Orringer, M.D.

2:40 p.m.  Panel Discussion: Consensus and Controversy

Donald Lloyd-Jones, M.D., James Underberg, M.D., Khurram Nasir, M.D., Carl Orringer, M.D.

3:00 p.m.  Break, Visit Exhibits and Posters

**Insulin Resistance and Diabetes**

3:30 p.m.  The Treatment of Insulin Resistance and Pre-diabetes to Reduce CVD Risk

Eliot Brinton, M.D.

3:50 p.m.  Bariatric Surgery: Impact on Diabetes and CVD Risk

Anthony Gonzalez, M.D.
DAY ONE — SESSION ONE

From Prevention to Intervention

7:00 a.m.  Welcome and Introductions

7:15 a.m.  Session Moderator: Michael Ozner, M.D.

7:30 a.m.  Testosterone and CVD in Men: Helpful or Harmful?

8:00 a.m.  Genetics

8:20 a.m.  Familial Hypercholesterolemia

8:40 a.m.  Heart Disease Prevention in Women

9:00 a.m.  Congenital Heart Disease

9:20 a.m.  Valvular Heart Disease

9:40 a.m.  Acute Coronary Syndrome in Younger Women: When Does Prevention Fall Short?

10:00 a.m.  Panel Discussion With Question and Answer Session

10:20 a.m.  Break, Visit Exhibits and Posters

10:40 a.m.  HDL and CVD Risk: Is It Dead or Alive?

10:50 a.m.  HDL-Cholesterol Versus HDL-Function: What Is the Science and What Is the Best Clinical Approach?

11:00 a.m.  Gut Flora and Heart Health

11:10 a.m.  Keynote Address: Gut Microbes as Participants and Therapeutic Targets in Cardiometabolic Disease

11:45 a.m.  Question and Answer Session

12:00 Noon  Lunch, Visit Exhibits and Posters

DAY THREE — SESSION THREE

5:00 p.m.  Panel Discussion With Question and Answer Session

5:20 p.m.  Break, Visit Exhibits and Posters

5:40 p.m.  DEBATE: Imaging in Cardiovascular Prevention: Coronary Calcium Score and Myocardial Perfusion: Complementary or Competitive?

6:00 p.m.  Adjourn

Important: The schedule is subject to change. For the most updated schedule, please visit MiamiCVDPrevention.BaptistHealth.net or MCVICS.BaptistHealth.net.