Cardiovascular Disease Prevention
13th Annual International Symposium

Thursday-Sunday
February 19-22, 2015
Fontainebleau Hotel
Miami Beach, Florida

Symposium Directors:
Michael Ozner, M.D., FACC, FAHA
Theodore Feldman, M.D., FACC, FACP
Arthur Agatston, M.D., FACC
Khrumm Nasir, M.D., MPH

Target Audience ■ Cardiologists, General Internists, Family Practitioners, Endocrinologists, Psychologists, Physician Assistants, Nurse Practitioners, Nurses, Pharmacists, Dietitians, Respiratory Therapists and other healthcare professionals involved in the diagnosis, treatment and prevention of cardiovascular disease.

Statement of Need ■ A key strategy for addressing heart disease and stroke is to educate healthcare practitioners and the public about the importance of prevention. When healthcare providers perform consistent risk factor assessments, more patients can be properly diagnosed and medically managed to prevent cardiovascular disease. Both primary and secondary prevention, as well as new developments in the diagnosis, treatment and prevention of cardiovascular disease, need to be addressed.

Call for Abstracts ■ Abstracts for poster presentations are being accepted through Friday, January 16. Submission guidelines are provided at MiamiCVDPrevention.BaptistHealth.net.

Location and Accommodations ■ Fontainebleau Hotel, 4441 Collins Avenue, Miami Beach, FL 33140 ■ Telephone: 800-548-8886 ■ Fontainebleau.com

Make your hotel reservation now by linking from the symposium website at MiamiCVDPrevention.BaptistHealth.net to receive the special group rate of $369, plus applicable taxes and service charges. Group rates will be honored through Wednesday, January 28, 2015, based on availability.

Symposium Registration ■ The registration fee includes tuition, daily continental breakfast, break, lunch and refreshments. To expedite registration, go to MiamiCVDPrevention.BaptistHealth.net. Confirmations will be sent for registrations received by Wednesday, January 28. Registrations cannot be processed or confirmed without full payment.

Accreditation and Credits ■ Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Baptist Health has been re-surveyed by the ACCME and awarded Commendation for 6 years as a provider of CME for physicians. ■ Baptist Health South Florida designates this live activity for a maximum of 22 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. ■ Continuing Education credits have also been approved on a session-by-session basis for other disciplines.

Complete details and registration online now at MiamiCVDPrevention.BaptistHealth.net.

Contact ■ CME@BaptistHealth.net ■ 786-596-2398

Baptist Health South Florida
Thursday, February 19
7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Abstracts
7:50 a.m.  Welcome Remarks
  Brian E. Keeley, President and CEO, Baptist Health South Florida
Session Moderator: Michael Ozner, M.D.
8:00 a.m.  Cardiovascular Disease Prevention 2015: Overview ……Michael Ozner, M.D.
8:30 a.m.  The Mediterranean Diet: The Optimal Diet for Cardiovascular Health …..Vasanti Malick, Sc.D.
9:00 a.m.  Sitting, Physical Activity and CVD Risk: Opposite Sides of the Same Coin? ……..…………………………..Peter Katzmarzyk, Ph.D.
9:20 a.m.  The Science of Mindfulness for Health and Well-being ….Carl E. Fuhlweiler, M.D., Ph.D.
9:40 a.m.  Egg and Dairy Consumption: Impact on CVD Risk …….Vasanti Malick, Sc.D.
10:00 a.m.  Break and Visit Exhibits
10:30 a.m.  Saturated Fatty Acids and Risk of CHD: Modulation by Replacement Nutrients …..Vasanti Malick, Sc.D.
10:50 a.m.  Exercise and Cardiometabolic Health ……………….Peter Katzmarzyk, Ph.D.
11:10 a.m.  Popular Weight-loss Diets: From Evidence to Practice …..Vasanti Malick, Sc.D.
11:30 a.m.  Faculty Panel With Question-and-Answer Session
  Carl E. Fuhlweiler, M.D., Ph.D., Peter Katzmarzyk, Ph.D., Vasanti Malick, Sc.D.
  12:00 noon Lunch — Grab and Go!
  1:00 p.m.  Reverse Cholesterol Transport: Is LDL More Important Than HDL? …Thomas Datsypring, M.D.
  1:25 p.m.  LDL and the Benefits of Statin Therapy ………Allan Sniderman, M.D.
  1:50 p.m.  Sterols: What the Practitioner Needs to Know ………Thomas Datsypring, M.D.
  2:15 p.m.  ApoB Versus Non-HDL Cholesterol as a Risk Marker and Target of Therapy — And the Winner Is………..Allan Sniderman, M.D.
  2:40 p.m.  Sleep Apnea: Advances in Diagnosis and Treatment to Lower CVD Risk …Timothy Grant, M.D.
  3:00 p.m.  Faculty Panel With Question-and-Answer Session
  Thomas Datsypring, M.D., Timothy Grant, M.D., Allan Sniderman, M.D.
  3:30 p.m.  Adjourn
Friday, February 20
7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Abstracts
Session Moderator: Theodore Feldman, M.D.
8:00 a.m.  The IMPROVE-IT Trial: Lessons Learned and Clinical Implications …Theodore Feldman, M.D.
8:20 a.m.  The Obesity Epidemic: Practical Management Approaches ………Goutham Rao, M.D.
8:40 a.m.  The Role of Exercise in the Treatment and Prevention of Obesity …Peter Katzmarzyk, Ph.D.
9:00 a.m.  Adiposopathy (“sick fat”), Metabolic Disease and Ockham’s Razor …Harold Boys, M.D.
9:20 a.m.  Mindfulness-based Interventions for Weight Loss ……Carl E. Fuhlweiler, M.D., Ph.D.
9:40 a.m.  Low Sodium Intake: Cardiovascular Health Benefit or Risk? …Suzanne Opalir, M.D.
10:00 a.m.  “Smoldering” Insulin Resistance With Impaired Fasting Glucose: How to Prevent Progression to Diabetes and Lower CVD Risk …Harold Boys, M.D.
10:30 a.m.  Break and Visit Exhibits
10:50 a.m.  JNC 8 Blood Pressure Guidelines …………Suzanne Opalir, M.D.
11:10 a.m.  CVD Prevention in Patients With Diabetes …………Harold Boys, M.D.
11:30 a.m.  Faculty Panel With Question-and-Answer Session
  Harold Boys, M.D., Carl E. Fuhlweiler, M.D., Ph.D., Peter Katzmarzyk, Ph.D., Suzanne Opalir, M.D., Goutham Rao, M.D.
  12:00 noon Lunch — Grab and Go!
  1:00 p.m.  Diagnosis and Treatment of Resistant Hypertension ………Suzanne Opalir, M.D.
  1:20 p.m.  The Genomics of CVD Risk …………Michael Davidson, M.D.
  1:40 p.m.  Are Triglycerides a Cardiovascular Risk Factor? ………Christie Ballantyne, M.D.
  2:00 p.m.  The Link Between Liver Disease and Lipidology ………….Michael Davidson, M.D.
  2:30 p.m.  Atherosclerosis Vaccine: Hope or Hype? ……..Prediman K. Shah, M.D.
  3:00 p.m.  Faculty Panel With Question-and-Answer Session
  Christie Ballantyne, M.D., Michael Davidson, M.D., Suzanne Opalir, M.D., Prediman K. Shah, M.D.
  3:30 p.m.  Break and Visit Exhibits
Saturday, February 21
7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Abstracts
Session Moderator: Michael Ozner, M.D.
8:00 a.m.  Cardiovascular Disease in HIV Patients …………Wendy Post, M.D.
8:20 a.m.  Familial Hypercholesterolemia …………Anne Goldberg, M.D.
8:40 a.m.  CVD-related Mutations: Should They Be Part of Our Office Workup? …Christie Ballantyne, M.D.
Session — Cholesterol Management Guidelines: Updates
Moderator: Michael Ozner, M.D.
9:00 a.m.  2013 ACC/AHA Cholesterol Guidelines ………….Anne Goldberg, M.D.
9:20 a.m.  National Lipid Association Recommendations ………Carl Orringer, M.D.
9:40 a.m.  International Atherosclerosis Society Recommendations …………..Michael Davidson, M.D.
10:00 a.m.  Break and Visit Exhibits
Session — The Great Statin Debate in Primary Prevention
Moderator: Michael Ozner, M.D.
10:30 a.m.  New Cholesterol Guidelines: Carte Blanche for Statin Overuse? …Rita Redberg, M.D.
10:45 a.m.  Overestimation With the 2013 ACC/AHA CVD Risk Calculator: Is CRP the Best Guide for Statin Treatment? ………….Paul Ridker, M.D.
11:00 a.m.  Selective Use of Statins: Can We Appropriately Allocate Resources Using CAC Testing? ………….Khurram Nasir, M.D.
11:15 a.m.  Consensus and Controversy: Faculty Panel With Questions and Answers …………..Annie Goldberg, M.D., Carl Orringer, M.D., Michael Davidson M.D., Rita Redberg, M.D., Paul Ridker M.D., Khurram Nasir, M.D., Roger Blumenthal, M.D.
12:00 noon Lunch — Grab and Go!
12:15 p.m.  Keynote Address: The Future of Preventive Cardiology …………..Prediman K. Shah, M.D.
Session Moderator: Arthur Agatston, M.D.
1:00 p.m.  Break
1:20 p.m.  Integrating Imaging and Biomarkers for Optimal CVD Risk Assessment and Management ………….Arthur Agatston, M.D.
1:40 p.m.  Novel Approach to Biomarker Utilization: Conception to Clinical Practice …………..Christie Ballantyne, M.D.
2:00 p.m.  Menopausal Hormone Therapy: Do the Cardiovascular Warnings Preclude Its Use? ………….Thomas Datsypring, M.D.
2:20 p.m.  CVD Prevention in Women ………….Rita Redberg, M.D.
2:40 p.m.  Inflammation and Atherosclerosis ………….Paul Ridker, M.D.
3:00 p.m.  Faculty Panel With Question-and-Answer Session
  Christie Ballantyne, M.D., Thomas Datsypring, M.D., Rita Redberg, M.D., Paul Ridker, M.D.
  3:30 p.m.  Adjourn
Sunday, February 22
7:15 a.m.  Registration, Continental Breakfast, Visit Exhibits and Abstracts
Session Moderator: Khurram Nasir, M.D.
8:00 a.m.  Controversies in Cardiovascular Prevention: Answers to Key Questions Your Patients are Asking ………….Michael Blaha, M.D.
8:20 a.m.  Statin Safety: What Every Healthcare Provider Needs to Know …………..Carl Orringer, M.D.
8:40 a.m.  Urinary 11-Dehydrothromboxane B2 to Evaluate Atherothrombotic Risk and Aspirin Resistance …………..Peter A. McCullough, M.D.
9:00 a.m.  The Prevention and Management of Peripheral Vascular Disease …………..Ilan del Conde Pozzi, M.D.
9:20 a.m.  Erectile Dysfunction: An Early Sign of Cardiovascular Disease? …………..Michael Blaha, M.D.
9:40 a.m.  Low T and the Heart: Testosterone Therapy and CVD Risk …………..Kevin Billups, M.D.
10:00 a.m.  Break
10:20 a.m.  Stroke: From Prevention to Intervention …………..Italo Linfante, M.D.
10:40 a.m.  CVD Prevention in Patients With Chronic Kidney Disease …………..Peter A. McCullough, M.D.
11:00 a.m.  Corporate Wellness: Novel Approaches to Reduce CVD Risk …………..Khurram Nasir, M.D.
11:20 a.m.  Selected Abstract Presentations
12:00 noon Adjourn