We are accepting abstracts for poster presentations.

Baptist Health South Florida designates this live activity for a maximum of 25 AMA PRA Category 1 credits™. Physicians should claim credit consistent with the extent of their participation in the activity.

Accreditation and Credits ■ Baptist Health South Florida is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Baptist Health South Florida designates this live activity for a maximum of 25 AMA PRA Category 1 credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Call for Abstracts ■ We are accepting abstracts for poster presentations through Friday, January 3, 2014. Submission guidelines are provided at MiamiCVDPrevention.BaptistHealth.net.

Symposium Registration ■ The registration fee includes tuition, daily continental breakfast, break refreshments and lunch. To expedite registration, go to MiamiCVDPrevention.BaptistHealth.net. Confirmations will be sent for registrations received by Friday, January 17. Registrations cannot be processed or confirmed without full payment.

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Completing education credits have also been approved on a session-by-session basis for other disciplines.

Contact ■ CME@BaptistHealth.net ■ 786-596-2398
Thursday, February 6
7:15 a.m. Registration, Continental Breakfast and Visit Exhibits
7:30 a.m. Welcome and Introductions
Session Moderator: Michael Ozner, M.D.
8:00 a.m. Cardiovascular Disease Prevention 2014: Overview
Michael Ozner, M.D.
8:45 a.m. Fructose and Metabolic Syndrome: Is There a Link?
Robert Lustig, M.D.
9:45 a.m. Chocolate and Heart Health: Too Good to Be True?
Dan rash Mazzaffarian, M.D.
10:00 a.m. Break and Exhibits
10:30 a.m. Stress and the Heart: Practical Evidence-based Approaches to Lower CVD Risk
Wayne Sotile, Ph.D.
11:00 a.m. Fish Consumption: Mercury Exposure? Farm Raised vs. Wild? Warm Water vs. Cold Water? What’s a Consumer to Do?
Dan rash Mazzaffarian, M.D.
11:30 a.m. Panel Discussion with Questions and Answers
Robert Lustig, M.D., Dan rash Mazzaffarian, M.D., Wayne Sotile, Ph.D.
12 Noon Lunch and Exhibits
1:00 p.m. Keynote Address: The Truth About the Gluten Craze
Arthur Agatston, M.D.
1:30 p.m. The Role of Exercise in Heart Health: Is It Missing in Action?
Tim Church, M.D.
2:00 p.m. Behavioral Cardiology: Impact on Patient Management
Alan Rozanski, M.D.
2:30 p.m. Controversies in Nutrition: Red Meat, Milk, Eggs, Alcohol: Healthful or Harmful?
Natalie Castro, R.D.
3:00 p.m. Break and Exhibits
3:30 p.m. The Cigarette Addiction: How to Get Patients to Quit Smoking
Wayne Sotile, Ph.D.
3:45 a.m. The Global Burden of Cardiovascular Mortality Due to Salt and Sugar Consumption
Dan rash Mazzaffarian, M.D.
4:15 p.m. Depression and Social Isolation: The Forgotten CVD Risk Factors
Wayne Sotile, Ph.D.
4:30 p.m. Panel Discussion with Questions and Answers
Arthur Agatston, M.D., Tim Church, M.D., Alan Rozanski, M.D., Natalie Castro, R.D., Wayne Sotile, Ph.D.
5:00 p.m. Adjourn
Friday, February 7
Session Moderator: Theodore Feldman, M.D.
8:00 a.m. The Vascular Biology of Eating
Robert Vogel, M.D.
8:30 a.m. The Obesity Epidemic: Medical Intervention
Theodore Feldman, M.D.
9:00 a.m. The Cardiovascular Benefits of Bariatric Surgery
Anthony González, M.D.
9:30 a.m. Hypertension Update: How the New Guidelines Will Impact Your Practice
Michael Weber, M.D.
10:00 a.m. Break and Exhibits
10:30 a.m. PCSK9 Inhibition — Will It Be a Game Changer?
Peter Toth, M.D.
11:00 a.m. The PolyPill: A Global Strategy to Reduce Cardiovascular Risk
Valentin Fuster, M.D.
11:30 a.m. Subclinical Thyroid Disorders and CVD Risk
Irwin Klein, M.D.
12 Noon Lunch and Exhibits
1:00 p.m. The HDL Hypothesis: Is It Alive and Well or on Life Support?
Peter Toth, M.D.
1:30 p.m. Keynote Presentation: Transition from Cardiovascular Disease to Health: The Challenge of Identifying Subclinical Disease
Valentin Fuster, M.D.
2:00 p.m. Insulin Resistance: Early Diagnosis and Treatment to Prevent Cardiovascular Disease
 mình Ginsburg, M.D.
2:30 p.m. Critical Appraisal of New Cholesterol Guidelines to Reduce Atherosclerotic Cardiovascular Risk
Neil Stone, M.D.
3:00 p.m. Break and Exhibits
3:30 p.m. Cardiometabolic Risk: Diagnosis and Management
Roger Blumenthal, M.D.
4:00 p.m. Use of Combination Therapy in Mixed Dyslipidemia
Peter Toth, M.D.
4:30 p.m. The Genetics of Cardiovascular Disease
Christopher J. O’Donnell, M.D.
5:00 p.m. Adjourn
Saturday, February 8
Session Moderator: Michael Ozner, M.D.
8:00 a.m. Atherosclerosis Is an Inflammatory Disease: Does it Matter?
Ira Tabas, M.D.
8:30 a.m. Over-the-Counter Supplements to Lower Cholesterol: Red Yeast Rice, Policosanol, Guggulipids and Silosterol: Are They Useful or Useless?
Michael Richman, M.D.
9:00 a.m. Advanced Lipid Testing Comes Alive: Case Studies
Tara Dall, M.D.
9:30 a.m. How a Cardiovascular Surgeon Prevents Heart Attacks
Michael Richman, M.D.
10:00 a.m. Break and Exhibits
10:30 a.m. Keynote Address: Basic Mechanisms of Atherosclerosis and Plaque Rupture: Clinical Implications
Ira Tabas, M.D.
11:15 a.m. Roundtable Discussion: Is There a Role for Niacin in CVD Prevention?
Robert Vogel, M.D., Peter Toth, M.D., Roger Blumenthal, M.D.
11:45 a.m. Are the Health Benefits of Coconut Oil a Myth?
Michael Richman, M.D.
12 Noon Lunch and Exhibits
Session Moderator: Arthur Agatston, M.D.
1:00 p.m. Integrating Imaging and Biomarkers for Optimal CVD Risk Assessment and Management
Arthur Agatston, M.D.
1:30 p.m. Coronary Artery Calcification: Is It Time to Abandon Risk Factors for CVD Risk Assessment?
Khurram Nasir, M.D.
2:00 p.m. 9p21 Genetic Testing: A Gatekeeper for Early Subclinical Atherosclerosis Screening
Robert Superko, M.D.
2:30 p.m. Familial Hypercholesterolemia: New Novel Treatment Strategies
Raul Santos, M.D.
3:00 p.m. Break and Exhibits
3:30 p.m. Chelation Therapy: Should We Offer It to High-risk Individuals?
Gervasio Lamas, M.D.
4:00 p.m. Stem Cell Therapies for the Ailing Heart: What Is the Future?
Joshua Hare, M.D.
4:30 p.m. Cardiac CT for Risk Assessment: What Do We Need to Look for Beyond Coronary Artery Calcification?
Matthew Budoff, M.D.
5:00 p.m. Hispanic Health Disparities in Diabetes: Implications for CVD Prevention
Neil Schneiderman, M.D.
5:30 p.m. Adjourn
Sunday, February 9
Session Moderator: Khurram Nasir, M.D.
8:00 a.m. CVD Risk Reduction in Women: Current Guidelines
Sharonne Hayes, M.D.
8:30 a.m. Heart Disease Prevention in Women: Case Studies
Tara Dall, M.D.
9:00 a.m. Broken-hearted Women: Depression and Anxiety in Cardiovascular Disease
Sharonne Hayes, M.D.
9:30 a.m. Cardiac Rehab Programs: Are We Getting the “Bang for the Buck”?
Terry Thomas, R.N.
10:00 a.m. Break and Exhibits
10:30 a.m. Targeting Insulin in Obesity
Robert Lustig, M.D.
11:00 a.m. Selected Abstract Presentations
12 Noon Adjourn

For the most updated information, please visit the symposium website at MiamiCVDPrevention.BaptistHealth.net.

Contact Information: CME@BaptistHealth.net
876-596-2398